

# know to grow

## Capital District Community Gardens' 2007 workshops

<u>Date &amp; Time</u>	<u>Location</u>	<u>Class Title and Description</u>
Wed, Feb 28 5:30pm	Community Gardens' office, 40 River St, Troy	<b>Early Season Crops:</b> Learn all about the plants and techniques that will get your garden off to an early start.
Thurs, March 8 5:30pm	Location TBA, Albany	<b>Growing &amp; Cooking with Herbs:</b> Lower sodium intake and improve health & flavour with herbs. Cooking demos & tasting.
Sat, March 10  11:00am  12:30pm  11:00am  12:30pm	Community Gardens' office, 40 River St, Troy	<p><b>* SPECIAL SERIES * (choose between FOUR classes)</b></p> <p><b>1. Gardening 101-The Basics:</b> Designed to accommodate the needs of beginner gardeners, this class provides all the basic gardening information you need for a successful growing season.</p> <p><b>2. Gardening 102 - Beyond Basics:</b> A continuation of 101- Take a more in depth look at gardening.</p> <p><b>3. Seed Starting:</b> Learn from master seedling grower Doug Pratt.</p> <p><b>4. Hydroponics:</b> Learn from Ryan McDaid, owner of Harvest Moon Hydroponics.</p>
Thurs, March 15 5:30pm	Community Gardens' office, 40 River St, Troy	<b>Superfoods:</b> What are they? And how can they improve your health immune functions. Cooking demos & tastings.
Wed, March 28 5:30pm	Albany Public Library, Main Branch, Washington Ave.	<b>Soil Building:</b> Learn how to build the nutrients and texture of your soil without harmful chemicals for a successful organic garden.
Sat, March 31 9:00am	Schenectady Public Library, 99 Clinton St.	<b>Gardening 101-The Basics:</b> Designed to accommodate the needs of beginner gardeners, this class provides all the basic gardening information you need for a successful growing season.
Wed., April 4 5:30pm	Albany Public Library, Main Branch, Washington Ave.	<b>Early Season Crops:</b> Learn all about the plants and techniques that will get your garden off to an early start.
Tues., April 17 5:30pm	Albany Public Library, Main Branch, Washington Ave	<b>Gardening 101-The Basics:</b> Designed to accommodate the needs of beginner gardeners, this class provides all the basic gardening information you need for a successful growing season.
Wed., April 25 5:30pm	Albany Public Library, Main Branch, Washington Ave	<b>Companion Planning:</b> Learn how the right plant combinations can improve the vitality of your garden and help protect against pests and disease.

**OVER**

<u>Date &amp; Time</u>	<u>Location</u>	<u>Class Title and Description</u>
Sat, April 28 10:00am  11:30am	Community Gardens' office, 40 River St., Troy	* <b>SPECIAL SERIES</b> * <b>1. Companion Planting:</b> Learn how the right plant combinations can improve the vitality of your garden and help protect against pests and disease. <b>2. Growing &amp; Cooking with Herbs:</b> Lower sodium intake and improve health & flavour with herbs. Cooking demos & tasting.
Wed., May 16 5:30pm	Albany Public Library, Main Branch, Washington Ave	<b>Get the most out of your Community Garden Plot:</b> Tips for successful growing in a community garden. Mulching, soil improvements, crop rotation, pest management & more.
Sat., May 19 10:00am  11:30am	Community Gardens' office, 40 River St., Troy	* <b>SPECIAL SERIES</b> * <b>1. Get the most out of your Community Garden Plot:</b> Tips for successful growing in a community garden. Mulching, soil improvements, crop rotation, pest management & more. <b>2. Soil Secrets:</b> Learn how to build the nutrients and texture of your soil without harmful chemicals for a successful organic garden.
Wed., May 23 5:30pm	Pine Hills Library, Western Ave, Albany	<b>Gardening 102- Beyond Basics:</b> A continuation of basic gardening. Take a more in depth look at gardening.
Tues., May 29 5:30pm	Community Gardens' office, 40 River St., Troy	<b>Insects &amp; Critters:</b> Learn to identify common garden pests before they become a problem. Find out about organic pest control options available to help you.

\*\*\* Community Gardeners: Receive special gifts for attending multiple classes \*\*\*

\*Attend two classes and receive your choice of:

- 1) New Gardener Resource Kit (includes tote, tools, fertilizer and more!)
- 2) Microwave veggie steamer
- 3) Gardening for Optimal Nutrition Booklet

Classes are **FREE** for Community Gardeners!  
\$5 for general public  
Registration is Required

Call 274-8685  
or email [info@cdcg.org](mailto:info@cdcg.org)  
to REGISTER

