

# Capital District Community Gardens Volunteer Registration Form

40 River St, Troy, NY 12180 ~ 274-8685 ~ info@cdcg.org

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Please provide the following contact information:

Name	
Address	
Address	
City	
State	
Zip	
Phone	
E-mail	

Availability:

We encourage volunteers to make a weekly commitment if possible. During the winter and summer many of our regular volunteer opportunities occur during the work day. If you work full time and still want to help out there are always events, garden work parties (spring & fall), and our Squash Hunger program that occur weeknights and weekends that we encourage you to participate in!

- Weekdays    Weeknights    Weekends  
 On a Regular Basis    Occasional Help

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Where would you like to volunteer?

- Wherever I'm Needed    Schenectady Only    Troy Only    Albany Only

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What do you hope to gain from volunteering for Capital District Community Gardens?

Have you volunteered before? If so, where?

What are your interests/hobbies?

Would you be interested in serving on CDCG's Board of Directors or on a Committee?

- Board of Directors\*    Communications Committee    Volunteer Committee

\*Please forward resume to [info@cdcg.org](mailto:info@cdcg.org) if interested in joining our Board of Directors

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**Activities:** Please indicate your volunteer interests (check all that apply):

**Garden Help:**

Help is always needed to maintain gardens, develop new ones and make repairs to existing sites. Much of the work is outdoors: rototilling, soil spreading, clearing brush, painting, building sheds, planting, weedwacking, and mowing.

**Administrative Help:** (mainly in our office at 40 River Street, Troy)

We always need help in our office with mailings, phone calls, seed sorting and data entry, even if you don't have a lot of experience, we make sure it's fun.

**Veggie Mobile Helper:**

Assist The Veggie Mobile Market in the sale of fresh low cost fruits and vegetables at senior centers and low-income urban centers as a member of a hard working and energetic team. Work side-by-side with Veggie Mobile staffers to engage target communities in the Veggie Mobile's mission; be an enthusiastic and friendly representative of this colorful and exciting project, facilitate customer interaction with the market and with information about healthy nutritious foods, improve project efficiency, implement educational programs, make friends, make sales, make real change in people's lives.

Mondays, Tuesdays, Thursdays & Fridays weekly, 9am-5pm (shifts available).

**Spring Brunch**

This annual 550 person event at Hudson Valley Community College in Troy features live music, a silent auction and a buffet with the tastiest dishes from more than 100 area restaurants. All the labor at the brunch is provided by volunteers so if you have experience in a fast-paced, restaurant style setting, let us know! (2009 Spring Brunch - Sunday, May 3rd)

Before the event:

- Help make follow-up calls to restaurants & businesses (February-April)
- Help set-up the day before the event (Saturday, May 2nd)

Day of the event:

- Help cook in the kitchen
- Help clear tables
- Be a runner/helper (varied task depending on who needs help throughout the day)
- Serve food on the buffet line
- Help with children's activities

**Be A Garden Mentor:**

Experienced gardeners are encouraged to apply and help a new gardener catch the “gardening bug” through our Gardener Mentor Program. A few hours of your time during the growing season can make a huge difference to someone just getting started. With your help we can assure that an inexperienced gardener will have a successful and bountiful first harvest!

**Professional Services:**

If you have professional services you can offer please let us know! Some great examples of services we need help with are automotive repairs, small engine maintenance, legal assistance, computer networking, grant writing, printing services, garden and event photography, translation, roofing, carpentry, asonry, arborists and graphic design. Please specify what your skills are:

**Be A Squash Hunger Volunteer:**

Volunteers pickup donated produce at local businesses throughout the Capital Region and deliver the veggies to local food pantries for consumption by low-income families in need. The program starts around June when gardens begin to be productive. Volunteers are assigned one day of the week where they are responsible for picking up any donated produce and then bringing it to a selected shelter or pantry. We are also always looking for gardeners or CSA's with extra produce that they can donate at one of our drop-off locations (see our Squash Hunger page for more information).

**Help Plant Street Trees:**

Each spring and fall, Capital District Community Gardens (CDCG) coordinates a tree planting program, working with local governments, community groups, and volunteers to plant hundreds of trees on city streets throughout the area. CDCG’s planting program has led to the planting of more than 2,500 trees over the past decade.

**Do you have any additional comments?**